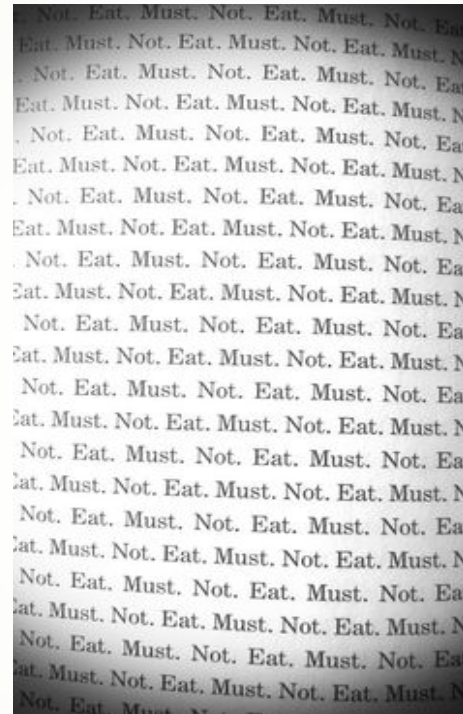


Gonsalves Booktalk

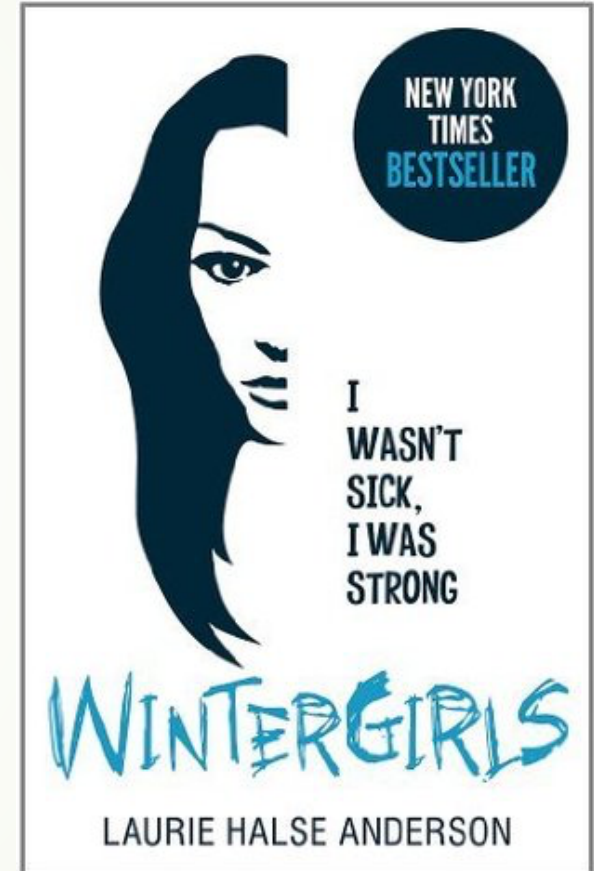
This booktalk is about the serious but all too realistic topic of self-harm among teenagers today. These titles are recommended for 9th-11th grade young adults.



Laurie Halse Anderson's *Wintergirls*



An entire chapter in the book was what was pictured above.



- How far would you go if your best friend challenged you to see who could be the skinniest girl in school?

Break by Hannah Moskowitz

- What if you could actually break every bone in your body? Haven't you ever heard a bone that is broken grows back stronger? That would be a good thing, right?



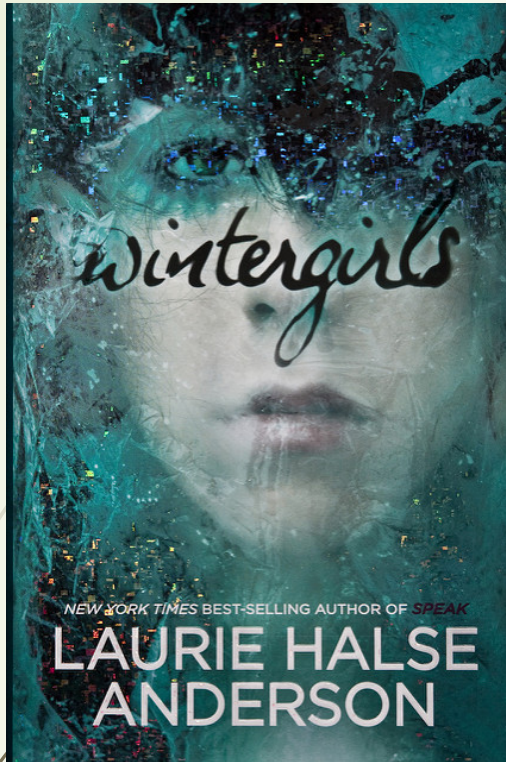
Scars by Cheryl Rainfield

- Not all scars remain on the surface of your skin. Some cut much deeper. Could you heal from these scars or would they cause you lifelong pain?



The arms on the cover of her book belong to Cheryl. They are not real scars.

Time to Get Reading!



- These are not books for the faint of heart but they do bring awareness to an issue that faces many teens today...self-harm
- They are eye opening reads and these books could be used as tools to help teens (and others) relate to the struggles teens face today
- I hope you will look for them at your local library today!

